

HEALTH EXCLUSION POLICY

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POLICY DETAILS

Policy Name:	Health Exclusion Policy
Policy Owner(s):	AdM (SickBay) - Falguni Jariwala
Policy Executioner(s):	HRT, Mentor/Single Subject Teacher, TL, PO, SB Team.
Policy Start Date:	
Last Updated:	June 2026
Version & Code:	1.1 - POL/Admin/Gen/SB/02/Ver-1.1
Approver:	CMO - Nirav Shah AdM (SickBay) - Falguni Jariwala
Objective:	- To standardize the health-related exclusion of students. - To minimise the spread of any infectious disease to other students.
Value(s):	Responsible: Students will maintain a high standard of behaviour by adhering to the values & principles and respecting the rights of others.
Applicable:	All students and parents
Rationale:	- If a student is identified as having any health-related condition which requires immediate temporary exclusion and is necessary until the student is normal. - Parents' cooperation in health matters will be greatly appreciated and if unwell students remain home it will prevent the spread of communicable diseases. - This will mean fewer missed classes/work days and illnesses for students and staff.
Frequency:	As and when a student gets infected by an infectious disease.

ABBREVIATIONS

Designation	
SB	SickBay
HoS	Head of School
DHoS	Deputy Head of School
Hos(D)	Head of School Designate
CMO	Chief Manager Operations
AdM (SB)	Admin Manager (SickBay)
AdM	Admin Manager
HRT	Home Room Teacher
PoC	Process Coordinator
TL	Team Leader
SBIC	SickBay InCharge
Nurse	Nurse

POLICY GUIDELINES

SYMPTOMS & GENERAL INSTRUCTIONS

Sr. No.	Description/Process																		
1	Certain symptoms in children may suggest the presence of a communicable disease. Children who have the symptoms as mentioned in the table below should be excluded from the classroom setting or from other students until - A physician has certified that the symptoms are not associated with an infectious agent or are no longer a threat to the health of other students at school - The symptoms have subsided or the treatment has started, using the following guidelines. <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 50%; text-align: center;">If a student develops:</th><th style="width: 50%; text-align: center;">Then keep them home until:</th></tr> </thead> <tbody> <tr> <td colspan="2" style="text-align: center;">A-1) FEVER</td></tr> <tr> <td> - A temperature of 100 degree Fahrenheit / 37.6 degree Celsius auxiliary or higher, before fever-reducing medication, is given. </td><td> - The fever is normal for 24 hours without fever-reducing medication </td></tr> <tr> <td colspan="2" style="text-align: center;">A-2) RESPIRATORY SYMPTOMS</td></tr> <tr> <td> - Difficult or rapid breathing or severe coughing that is constant and prevents the student from participating in activities </td><td> - Coughing, breathing difficulties and/or other symptoms no longer affect normal activity </td></tr> <tr> <td colspan="2" style="text-align: center;">A-3) VOMITING</td></tr> <tr> <td> - Vomited two or more times OR any vomiting if it is accompanied by other symptoms such as fever, behavioural changes, abdominal pain. </td><td> 24 hours after vomiting has stopped </td></tr> <tr> <td colspan="2" style="text-align: center;">A-4) DIARRHEA</td></tr> <tr> <td> - An increased number of abnormally loose stools in the previous 24 hours. Observe </td><td> 24 hours after the last loose stool </td></tr> </tbody> </table>	If a student develops:	Then keep them home until:	A-1) FEVER		A temperature of 100 degree Fahrenheit / 37.6 degree Celsius auxiliary or higher, before fever-reducing medication, is given.	The fever is normal for 24 hours without fever-reducing medication	A-2) RESPIRATORY SYMPTOMS		Difficult or rapid breathing or severe coughing that is constant and prevents the student from participating in activities	Coughing, breathing difficulties and/or other symptoms no longer affect normal activity	A-3) VOMITING		Vomited two or more times OR any vomiting if it is accompanied by other symptoms such as fever, behavioural changes, abdominal pain.	24 hours after vomiting has stopped	A-4) DIARRHEA		An increased number of abnormally loose stools in the previous 24 hours. Observe	24 hours after the last loose stool
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the child for other symptoms.	
A-5) RASH OR SKIN PROBLEMS	
Rash	Rash disappears or is diagnosed as not contagious. Impetigo - 24 hours after treatment begins and lesions are dry or can be covered with bandages.
Chicken Pox	Until blisters have dried into scabs, about 6 - 10 days after onset
Ringworm	24 hours after treatment begins
Scabies	Scabies - 24 hours after treatment begins
A-6) CONJUNCTIVITIS (PINKEYE)	
Tears, redness of eyelid lining, irritation followed by swelling and discharge of pus.	24 hours after treatment begins
A-7) HEAD LICE	
HEAD LICE	If a student is identified with lice/nits by the staff or the SBIC during the health checkup or otherwise: - The student will remain in the class. - SBIC has to send a letter (Annexure-1) to the parents informing them about the same and giving them a 3 days grace period for the treatment and removal of ALL nits (eggs). - The student can attend school during the grace period. - On the 4th day, the HRT has to send the student to SB to certify whether lice/nits are not present. - The SB team, in addition to the note/letter, will also call the parent to inform the same and maintain a record. - On and after the 4th day, the student

		can attend school but the parent will be advised to treat the problem as soon as possible. • Advised parents to consult the Doctor for further treatment if still not cured during the next audit/check-up. • Treatment certificate from the doctor to be sent as an email to sickbay@fountainheadschoools.org, respective HRT and respective TL.
A-8) STREP THROAT/SCARLET FEVER		
	• Strep Throat • Scarlet Fever	24 hours after treatment begins AND the student has no fever
A-9) HAND, FOOT AND MOUTH DISEASE		
	• Fever, • Mouth Sores • Skin Rash	• For 7-10 days till blisters are dried and the student has no fever • Doctor certificate to be sent to sickbay@fountainheadschoools.org , respective HRT and TL before sending the student to the school.
A-10) GENERAL LETHARGY		
	• When a student is not able to participate in activities with reasonable comfort and requires more care than the program staff can provide without compromising the health and safety of other students.	Condition Improves
A-11) COVID-19 AND ITS VARIANTS		
	• Respiratory Tract Infection (Difficulty in breathing) • Fever • Cough • Headache • Cold • Sore Throat • Muscle Discomfort • Weariness	If any student/staff/immediate family member develops any symptoms while not in the school premises then, • If any symptoms are found then do not send the student to school till his/her health improves and we recommend to get the COVID-19 test. • If found negative in the test then he/she can rejoin the school once

	• SPO2 less than 95 • Pneumonia	his/her health improves. • If found positive then kindly fill in this COVID-19 Reporting Form available on FSApps to inform us about the same. • He/She should be totally isolated(as per Government Guidelines) till completely cured and once the report comes negative, submit the same to SB and SO and can begin coming to the school. • It is advisable for staff and students to stay home if any immediate family member is found positive. If any symptoms are found in the school premises the student/staff will be sent home and above steps are to be followed.
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ANNEXURE 1

Letter for parents of a child exposed to Head Lice

Dear Parent,

During a screening examination, your child was found with head lice. Head lice can infect anyone. To prevent the further spread of head lice to other students, this condition should be treated immediately.

We are giving a 3 days grace period till _____ to the student to get it checked and cured permanently. The student is allowed to attend school during the grace period. You are requested to check and treat it at home. You can also consult your family physician if required and get it treated.

On the 4th day, (date) your child will be inspected by the SickBay InCharge to determine that the head lice infestation no longer exists. This means that your child must be free of all lice and viable nits (eggs). If lice/nits are found during the checking, then you will receive a phone call from the sickbay team / HRT to continue with the treatment.

Please contact us if you have any queries.